Fred P. Banny III is a transformational speaker, social entrepreneur, and servant leader committed to empowering individuals and organizations to achieve purpose-driven success and lasting impact. As the founder of *Conversations with Kings (CWK)*, he mentors young men in developing vision, character, and success habits. He is also the co-founder of *SPEAK*, an award-winning public speaking platform that amplifies diverse voices globally.

Fred's journey - from experiencing Liberia's civil conflict to building a distinguished career in construction engineering technology and leadership - has shaped his unique approach. He blends resilience with real-world strategy, using a *builder's mindset* to develop leaders by focusing on structure, growth, and alignment for sustainable success.

Through coaching, mentorship, and leadership training, Fred equips students, professionals and leaders with the mindset and tools to lead with confidence and purpose. His work has earned congressional and mayoral commendations for his dedication to community service and youth empowerment.

Fred partners with organizations to strengthen teams, enhance performance, and cultivate cultures of excellence. With a holistic approach to leadership development, he is committed to shaping the next generation of leaders - ensuring they are equipped to lead with vision, integrity, and impact.